

Test Syllabus

Yudan

May 2010

Test Format

1. TAI NO HENKO (1)
2. SUWARI WAZA RYOTE MOCHI KOKYO HO (2)
3. USHIRO RYOKATA MOCHI IKKAJO OSAE (1)
4. SHITEI WAZA
5. SHITEI WAZA
6. SHITEI WAZA
7. SHITEI WAZA
8. SHUMATSU DOSA (1)
9. SHUMATSU DOSA (2)
10. SHITEI JIYU WAZA
11. SHITEI JIYU WAZA
12. TASU DORI JIYU WAZA
NIDAN – FUTARI DORI JIYU WAZA
(1 TANTO, 1 SHOMEN UCHI)
SANDAN – SAN NIN DORI JIYU WAZA
(1 TANTO, 1 BOKKEN, 1 SHOMEN UCHI)

Shitei Waza

- KATATE MOCHI SHIHONAGE (1)(2)
RYOTE MOCHI SHIHONAGE (1)(2)
YOKOMEN UCHI SHIHONAGE (1)(2)
SHOMEN UCHI SHIHONAGE
HANMI HANDACH KATATE MOCHI SHIHO NAGE (1)(2)
HANMI HANDACHI RYOTE MOCHI SHIHO NAGE
- SHOMEN UCHI IKKAJO OSAE (1)(2) *
YOKOMEN UCHI IKKAJO OSAE (1)(2) *
KATATE MOCHI IKKAJO OSAE (1)(2) *
RYOTE MOCHI IKKAJO OSAE (1)(2) *
MUNE MOCHI IKKAJO OSAE (1)(2) *
HIJI MOCHI IKKAJO OSAE (1)(2) *
KATA MOCHI IKKAJO OSAE (1)(2) *
USHIRO RYOTE MOCHI IKKAJO OSAE (1)(2)
USHIRO KATATE ERI MOCHI IKKAJO OSAE (1)(2)
USHIRO RYOHJI MOCHI IKKAJO OSAE (1)(2)
USHIRO RYOKATA MOCHI IKKAJO OSAE (1)(2)
USHIRO ERI MOCHI IKKAJO OSAE (1)(2)
- KATATE MOCHI NIKAJO OSAE (1)(2) *
RYOTE MOCHI NIKAJO OSAE (1)(2) *
KATATE AYA MOCHI NIKAJO OSAE (1)(2) *
HIJI MOCHI NIKAJO OSAE (1)(2) *
KATA MOCHI NIKAJO OSAE (1)(2) *
MUNE MOCHI NIKAJO OSAE (1)(2) *
SHOMEN UCHI NIKAJO OSAE (1)(2) *
YOKOMEN UCHI NIKAJO OSAE (1)(2) *
- SHOMEN UCHI SANKAJO OSAE (1)(2) *
YOKOMEN UCHI SANKAJO OSAE (1)(2) *
KATATE MOCHI SANKAJO OSAE (1)(2) *
RYOTE MOCHI SANKAJO OSAE (1)(2) *
MUNE MOCHI SANKAJO OSAE (1)(2) *
HIJI MOCHI SANKAJO OSAE (1)(2) *
KATA MOCHI SANKAJO OSAE (1)(2) *
USHIRO RYOTE MOCHI SANKAJO OSAE (1)(2)
USHIRO KATATE ERI MOCHI SANKAJO OSAE (1)(2)
USHIRO RYOHJI MOCHI SANKAJO OSAE (1)(2)
USHIRO RYOKATA MOCHI SANKAJO OSAE (1)(2)
- SHOMEN UCHI YONKAJO OSAE (1)(2) *
YOKOMEN UCHI YONKAJO OSAE (1)(2) *
KATATE MOCHI YONKAJO OSAE (1)(2) *
RYOTE MOCHI YONKAJO OSAE (1)(2) *
MUNE MOCHI YONKAJO OSAE (1)(2) *
HIJI MOCHI YONKAJO OSAE (1)(2) *
KATA MOCHI YONKAJO OSAE (1)(2) *
- KATATE MOCHI SOKUMEN IRIMINAGE (1)(2) *
RYOTE MOCHI SOKUMEN IRIMINAGE (1)(2) *
MUNE MOCHI SOKUMEN IRIMINAGE (1)(2) *
HIJI MOCHI SOKUMEN IRIMINAGE (1)(2) *
KATA MOCHI SOKUMEN IRIMINAGE (1)(2) *
SHOMEN UCHI SOKUMEN IRIMINAGE (1)(2) *
YOKOMEN UCHI SOKUMEN IRIMINAGE (1)(2) *
- USHIRO RYOTE MOCHI SOKUMEN IRIMINAGE (1)(2)
USHIRO RYOHJI MOCHI SOKUMEN IRIMINAGE (1)(2)
USHIRO RYOKATA MOCHI SOKUMEN IRIMINAGE (1)(2)
- SHOMEN UCHI SHOMEN IRIMINAGE (1)(2) *
YOKOMEN UCHI SHOMEN IRIMINAGE (1)(2) *
KATATE MOCHI SHOMEN IRIMINAGE (1)(2) *
RYOTE MOCHI SHOMEN IRIMINAGE (1)(2) *
- SHOMEN UCHI HIJISHIME (1)(2) *
YOKOMEN UCHI HIJISHIME (1)(2) *
KATATE MOCHI HIJISHIME (1)(2) *
RYOTE MOCHI HIJISHIME (1)(2) *
HIJI MOCHI HIJISHIME (1)(2) *
KATA MOCHI HIJISHIME (1)(2) *
MUNE MOCHI HIJISHIME (1)(2) *
USHIRO RYOTE MOCHI HIJISHIME (1)(2)
USHIRO ERI MOCHI HIJISHIME (1)(2)
- SHOMEN UCHI HIJIATE KOKYUNAGE (1)(2) *
YOKOMEN UCHI HIJIATE KOKYUNAGE (1)(2) *
KATATE MOCHI HIJIATE KOKYUNAGE (1)(2) *
RYOTE MOCHI HIJIATE KOKYUNAGE (1)(2) *
SHOMEN TSUKI HIJIATE KOKYUNAGE (1)(2) *
USHIRO RYOTE MOCHI HIJIATE KOKYUNAGE (1)(2)
- SHOMEN UCHI KOTEGAESHI (1)(2) *
YOKOMEN UCHI KOTEGAESHI (1)(2) *
SHOMEN TSUKI KOTEGAESHI (1)(2) *
KATATE MOCHI KOTEGAESHI (1)(2) *
RYOTE MOCHI KOTEGAESHI (1)(2) *
USHIRO RYOTE MOCHI KOTEGAESHI (1)(2)
- RYOTE MOCHI TENCHI NAGE (1)(2) *
- SUWARI WAZA RYOTE MOCHI KOYU HO (1)(2)(3)(4)(5)
- SHOMEN UCHI KOKYUNAGE
YOKOMEN UCHI KOKYUNAGE
KATATE MOCHI KOKYUNAGE
RYOTE MOCHI KOKYUNAGE
SHOMEN TSUKI KOKYUNAGE
- SHITEI JIYU WAZA:**
SHOMEN UCHI
YOKOMEN UCHI
KATATE MOCHI
RYOTE MOCHI
SHOMEN TSUKI
KATA MOCHI
SHOMEN/YOKOMEN UCHI
USHIRO RYOTE MOCHI
USHIRO RYOHJI MOCHI
USHIRO RYOKATA MOCHI
TANTO DORI
BOKKEN DORI

*Indicates suwari waza & tachi waza